

Willow Glen Track and Field Invitational
Track Events Approximate Time (Rolling Time Schedule)
Check in 1 hour prior to events, or before previous event.

- Check in by the deadline or you will be scratched from the event.
- Check-in located beneath the bleachers
- Each event is seeded from fastest to slowest
- Get your hip number once heats are seeded (about 15 minutes before race)
- Hip numbers are available behind the timing system tent by finish line.

Track Event Schedule

March 3, 2018

Event	Order	Start Time	Check-in Deadline
4x100	FSG, FSB, VG, VB	9:00 AM	8:15 AM
1600	FSG, FSB, VG, VB	9:15 AM	8:45 AM
100 M Hurdles	FSG, VG	10:30 AM	10:00 AM
110 M Hurdles	VB	10:45 AM	10:00 AM
65 M Hurdles	FSB	10:50 AM	10:00 AM
400 M	FSG, FSB, VG, VB	11:00 AM	10:30 AM
100 M	FSG, FSB, VG, VB	11:30 AM	11:00 AM
Lunch Break			
800 M	FSG, FSB, VG, VB	1:00 PM	12:30 PM
300 Hurdles	FSG, VG, FSB, VB	1:45 PM	1:15 PM
3200 (F/S Only)	FSG, FSB	2:10 PM	1:40 PM
200 M	FSG, FSB, VG, VB	2:45 PM	2:15 PM
3200 (Varsity Only)	VG, VB	3:45 PM	3:15 PM
4x400	FSG, FSB, VG, VB	4:30 PM	4:00 PM